



Capsule MAX JOIN

Vitex Negundo 500mg

Description :

The main ingredient of **Capsule MAX JOIN** is **Vitex** (*Vitex Negundo*). The leaf of **Vitex** (*Vitex Negundo*) are also the source of a medicine used in Ayurveda. The sub-effective dose of Vitex negundo Linn. potentiated antiinflammatory activity of phenbutazone and ibuprofen significantly in carrageenin induced hind paw oedema and cotton pellet granuloma models. The potentiation of anti-inflammatory activities phenbutazone and ibuprofen by Vitex negundo Linn. indicates that it may be useful as an adjuvant therapy along with standard anti-inflammatory drugs.

Composition : Each capsule contains dry leaf powder of **Vitex** (*Vitex Negundo*) 500mg and other excipients as needed.

Chemistry : The chemical composition of the volatile oil from flowering twigs of Vitex negundo L. growing at Dehra Dun (India) was determined by gas chromatography-mass spectrometry. It indicated the presence of 94 compounds, of which 28 compounds, constituting 57.53% of the oil, were identified. The main compounds identified are viridiflorol (26.52%), p-caryophyllene (13.20%), 4-terpineol (4.46%), linalool (2.04%), globulol (1.82%), elemol (1.48%), fJ-farnesene (1.38%) and aromadendrene (1.04%). The oil from flowering twigs contains higher amount of viridiflorol (26.52%) than from leaves (19.55%), and thus can be a better source of natural viridiflorol.

Indications & Usage :

- Joint inflammation
- Disease of nervous system
- Weakness of Heart
- Symptoms of postpartum
- Amenorrhoea
- Dysmenorrhoea
- Premenstrual Syndrome
- Skin Disease

Dosage & administration :

1-2 Capsules 1-2 times daily or as directed by the registered physicia.

Adverse effects :

Uncommon side effects include upset stomach, nausea, itching, rash, headaches, acne, trouble sleeping, and weight gain. Some women notice a change in menstrual flow when they start taking vitex agnus-castus. Vitex-agnus-castus seed extract is POSSIBLY SAFE when applied to the skin appropriately.

Contraindications :

Vitex Negundo should be used with caution with the concurrent use of psychotropic drugs, including analgesics, sedatives, antidepressants, anticonvulsants and antipsychotics. Vitex Negundo is quite similar botanically to the better studied Vitex agnus castus, and thus may have a similar range of contraindications, including the concurrent use of progestrogenic drugs and hormone replacement therapies.

Pregnancy and lactation :

There's not enough data to completely rule out risk for Vitex Negundo during pregnancy (For safety reasons, few studies test these products in human pregnancies).

Vitex Negundo is generally considered to be safe for nursing mothers. You should be careful to only purchase Vitex Negundo from a reputable manufacturer and only as a single herb preparation.

Storage : Keep in a cool, dry place & away from direct sunlight.

Presentation : Each box contains 3x10's Alu-Alu blister pack.

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Manufacturing Licence no. : Ayu-073



Manufactured by :

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